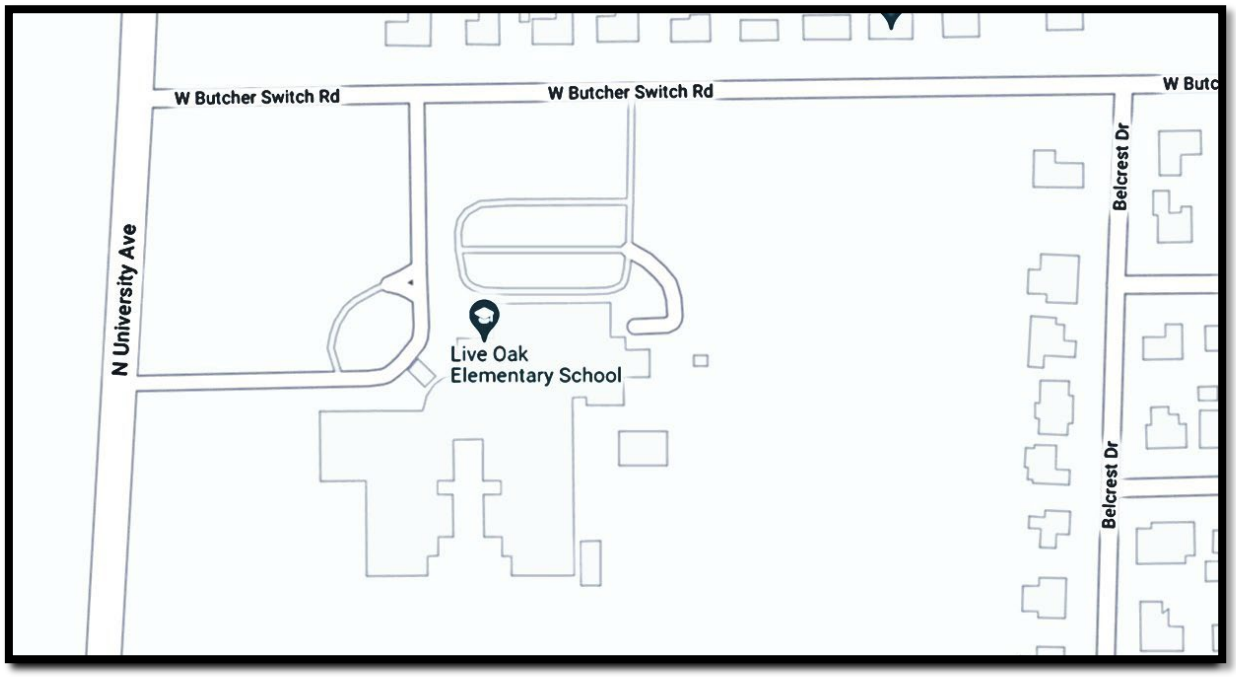
Lafayette Parish
1010 Lafayette St., Ste 325
Lafayette, Louisiana 70501
(337) 291-7090
Fax: (337)291-7099

4-H FALL FEST

Live Oak Elementary
November 7, 2026

4-H Fall Fest is the 1st big 4-H contest day of the school year! It will be held at Live Oak Elementary School (3020 N University Ave, Lafayette, LA 70507) and will include a variety of 4-H contests. See the map below for directions. Contests and starting times are listed below. Read specific rules to find out what time to report for each contest.

Parents, you may **bring lawn chairs** to set out on the grounds while the contests are taking place. Fall Fest is well attended, and we hope you will enjoy this family-friendly event. Supervision of members is the responsibility of parents/guardians during the event. Please like us on Facebook: www.facebook.com/lafayette4h (Lafayette Parish 4-H) for further information and updates.



ARRIVAL TIME	CONTEST	CONTEST START TIME	LOCATION
8:00 AM	COOKERY CONTESTS	8:30 AM	Register in Hallway
8:30 AM	BICYCLE RODEO	9:00 AM	Drop-Off Loop
8:30 AM	PUMPKIN DECORATING CONTEST	9:00 AM	Register in Hallway
8:30 AM	4-H POSTER JUDGING	9:00 AM	Register in Hallway
8:30 AM	RABBIT SHOW	9:00 AM	Bus Loading Area
8:30 AM	DOG SHOW & PET SHOW	9:00 AM	Front Field
	PARENT ORIENTATION	10:30 AM	Classroom
	RECORDS WORKSHOP	11:00 AM	Classroom
	JR. LEADER DISPLAYS	11:30 AM	Classroom

GENERAL RULES

- **Lafayette Parish School Systems has a clear bag policy in effect for all visitors to school campuses.** Please refer to the guidelines provided on the enclosed flier for bag restrictions.

- All contests are open to all 4-H members in Lafayette Parish. 4-H'ers will be allowed to enter any/all contests as time permits.

- For the Pumpkins, Poster Contest, Bicycle Rodeo and Best Dressed Pet Contest, 4-H'ers will be divided into three divisions for the competition. Elementary (4-6 grades), Junior (7-8 grades) and Senior (9-12 grades).

- Rabbit Show, Dog Show, and Pet Show animals will be assigned to specific classes and all 4-H'ers will compete against one another within these classes. All animals must be restrained (leash, cage, aquarium, etc.)

- **All cats and dogs entering the pet show, dog show, or best dressed pet show must have a rabies vaccination certificate.** NO animal will be permitted without a rabies vaccination certificate. Rabies tag without certificate will not be accepted. Only domesticated household animals are allowed in the pet show (no farm animals and no captive wild animals).

If a pet bites your child, yourself, another person, or another pet – and you seek medical attention at either a doctor's office or a hospital – the medical provider must report the bite to Lafayette Parish Animal Control. Consequently, Animal Control has the obligation to impound and quarantine the animal for up to 10 days for Rabies observation, regardless of whether the animal is current on its Rabies vaccination (Lafayette Parish Ordinance).

- Handlers MUST provide water for their pets and MUST clean up after their pets.

- Winners of the rabbit show, pet show, and dog show will be awarded all ribbons during these contests. The top five winners of the cookery contest, pumpkin decorating contest, poster contest, and bicycle rodeo will be awarded ribbons for 1st – 5th place at Fall Fest. All other 4-H'ers awarded ribbons (blue, red, white) will be given their ribbons at 4-H club meetings.

CONTEST SPECIFIC RULES

4-H Poster Contest – The poster registration will be held from 8:30 a.m. until the contest begins at 9:00 a.m. All posters MUST be checked in by 9:00 a.m. The theme for the poster contest this year is '6 Pillars of Character.' The 6 Pillars of Character include trustworthiness, responsibility, caring, respect, fairness, and citizenship.

Poster must be a full-size poster board of any color (no foam board, science fair boards, or ½ size posters); must not have anything attached or glued to the poster which is over ½ inch in height; no glitter.

4-H'ers will be divided into 3 divisions for competition. Elementary (4-6 grades), Junior (7-8 grades) and Senior (9-12 grades).

An Overall Champion Poster will be selected which encompasses a general **Character** theme and promotes 4-H as well. This winner will be asked to use the theme from his/her poster to set up the stage display at 4-H Achievement Day this Spring. The winner may recruit family and fellow club members to assist with the stage set-up.

Commodity Cookery Contests

A commodity is a plant or animal-based product produced in Louisiana.

- Registration begins at 8:00 a.m. with the contest starting at 8:30 a.m.
- **ALL DISHES** must be *chilled prior to arrival* and arrive at registration in an ice chest with ice/ice packs. All dishes must pass an ice chest inspection before an official can take entry. Your dish will be disqualified if it is not completely cold and packed on ice in an insulated ice chest at the time of inspections. NO EXCEPTIONS!
- After the dish is inspected and registered, 4-H'ers only (no parents) will be allowed into the cafeteria. **You** (the 4-H'er) will bring your dish to the designated table to set up your dish. Having the registration form completed beforehand will make the process run smoother. Remember to spell out your school's name. If unsure of anything on the form, leave it blank and ask at check-in.
- You must provide a *copy of the recipe* to be placed on the table next to the dish. Include the name of the recipe (recipe should NOT have the 4-H'ers name on it). Please make sure that handwriting is legible as your recipe is judged along with your dish.
- Recipes that place 1st in their food category cannot be entered 2 consecutive years in a row by the same 4-H member.

As you set up your dish, please make any last-minute preparations for your dish as quickly as possible so that the judges may begin on time. No PARENTS or FRIENDS will be permitted past the inspection point or into the cafeteria. A contest representative can help carry an ice chest if it is too heavy. NOTE: Use normal-sized serving dishes **(DISPOSABLE ONLY). Do not exceed 18 inches.** This is to be sure there is enough space for everyone. Serving utensils will not be allowed. These will be provided to the judges by the agents.

Microwaves will be available for judges to heat samples before tasting dishes. Please indicate in the recipe if the dish needs to be heated prior to judging.

All exhibits will be disposed of for food safety reasons. No exhibits will be returned, so please use **disposable plates** for exhibits. For this reason, the entire dish will not be required for the contest. ***A sample of 2-3 servings (in one dish) is requested for judging, except for sugar cookery dishes only, in which you may opt to bring the entire dish if decoration is emphasized.**

Please wait for your child on the outside patio while they set up their dish. They will bring their ice chest with them.

Rice Cookery Contest

(a) Contestants must bring 3-4 servings of a prepared **rice** dish, containing at least 1 cup of cooked rice.
*Wild rice is not a cultivated rice in Louisiana and does not meet the requirement of 1 cup rice for this contest. Dishes containing rice products such as rice cereal, rice flour, etc. must also contain cooked rice.

(b) A recipe for the entire dish should be placed on the table next to the dish. The recipe must contain the name of the dish, how much rice it contains and clear preparation instructions.

(c) The entry must be in one of the following categories:
Rice Main Dish
Rice Side Dish
Rice Dessert

(d) Winners in each category will represent Lafayette Parish in the area contest.

Seafood Cookery Contest

(a) Contestant must bring 3-4 servings of a prepared **seafood** dish. The servings must be chilled to refrigerator temperature following preparation in order to prevent food poisoning.
(b) The dish must use at least one cup of seafood. The seafood must be fresh, frozen, pasteurized, or dried (canned seafood will not be accepted).
(c) Surimi, an artificial crab made from fish, **cannot** be used.
(d) There can be no raw seafood in the final dish.
(e) A recipe for the entire dish should be placed on the table next to the dish.
(f) The contest will be divided into five categories:
Oyster, Crab, Shrimp, Fish, and other seafood (must be species from Louisiana), Crawfish
(g) Winners in each category will represent Lafayette Parish in the area contest.

Beef Cookery Contest

(a) Contestant must bring 3-4 servings of a prepared **ground beef** dish.
(b) A minimum of 1 pound of ground beef must be used.
(c) A recipe for the entire dish should be placed on the table next to the dish. The recipe must include the required information in (d) below.
(d) The entry must be in one of the following categories:

Low-Calorie Main Dish – a dish which provides less than 300 calories per serving. Number of calories are to be stated on recipe. Use calories and weight, the USDA Pocket Guide, or other online recipe analyzer.

Quick & Easy Main Dish - a dish that is ready to serve in less than one hour. The time for each step and for cooking or baking must be stated on recipe.

One-Dish Meal - a dish that provides foods from at least three of the five main food groups from "My Plate." Foods and food groups must be stated on recipe.

(e) Winners in each category will represent Lafayette Parish in the area contest.

Sugar Cookery Contest

(a) Contestant must bring 3-4 servings of a prepared dish. This recipe must contain at least (1) cup of sugar. Sugars can include any combination of white granulated sugar, brown sugar, and powdered sugar. Sugar substitutes are not a Louisiana Commodity crop.
(b) There can be NO raw eggs in the final product.
(c) A recipe for the entire dish should be placed on the table next to the dish.
(d) The entry must be in one of the following divisions:

Baked Items – breads, cakes, pies, cookies, and brownies.

Other Desserts - candies, icebox pies, and ice cream, etc. No part of the dessert can be baked. This category does not include jam, jellies, and preserves.

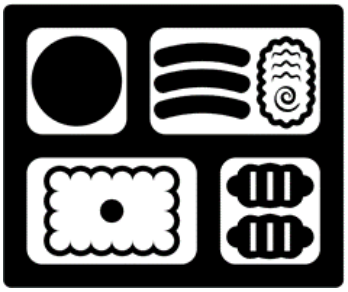
(e) Winners in each category will represent Lafayette Parish in the area contest.

Bento

(a) The contestant must bring 1 serving of a healthy box or Bento lunch box. It should be representative of "MyPlate" recommendations found at www.myplate.gov. The target age group is for students ages 9-12.
(b) A copy of the recipe and instructions must accompany the boxed lunch.
(c) Each Healthy Box or "Bento" Lunch should be packed in a portable, lock-top, and leak proof container, chilled and on ice in an insulated lunch box or an ice chest.
(d) Non-edible items are not to be used as garnish.
(e) Scoring Factors: Meal (100 points)
   a. Theme- suitable for age group of 9-12 years old, creative (5 points)
   b. Container- portable, lock-top, leak-proof, and

disposable (5 Points)

c. Preparation Techniques- neat, interesting, unique (5 points)
d. Appearance- colorful, inviting (5 points)
e. Texture- chewiness, juiciness, variety (5 points)
f. Taste- pleasing, variety (5 points)
g. Affordable- $5.00 or less per serving (5 point)
h. Nutrition- (65 points)
   Half of box is fruits and vegetables
   Lean protein included
   Low fat dairy included
   Fruit for dessert
   Portions of correct size



Rabbit Show

- Show will begin at 9:00 AM. Contestants should arrive by 8:30 AM.
- Exhibitors should already have enrolled in the Rabbit Project. Rabbits must be pre-registered (*See Rule 10*).
- Exhibitors must have had their rabbits by October 9th.
- Each rabbit brought to the show must have an ear tattoo or ear mark (permanent marker) in the left ear for identification and current health papers. Rabbits do not have registration paper requirements.
- Rabbits will be classed according to breed, sex, and age (under and over 6 months), with exhibitors allowed to show no more than **one rabbit per class**.
- Breed classes will be determined based on the number of entries. Any pure breed with 3 or more rabbits will make its own class. If you are unsure about the breed of your rabbit, contact the 4-H office.
- Rabbits showing any symptoms of disease may be excluded from exhibition and asked to be removed from show area. **CAPTIVE WILD RABBITS ARE NOT ALLOWED.**
- All rabbits not properly entered will be assigned into a "late entry" class and will not have a chance to compete for championship honors.
- 4-H members should be at Fall Fest to show their own rabbits. Another 4-H'er can place the rabbit on the judging table if that exhibitor is participating in another 4-H contest.
- Registration must be completed by October 9th at this link: 2026 Lafayette Parish 4-H Rabbit Show Entry – Fill out form

Dog Show

- Contestants should register with their dogs by 8:30 AM and the contest will begin at 9:00 AM..
- **ALL DOGS MUST HAVE A CURRENT RABIES VACCINATION CERTIFICATE.** NO DOG WILL BE PERMITTED ON THE CONTEST GROUNDS WITHOUT A VACCINATION CERTIFICATE. RABIES TAG WITHOUT CERTIFICATE WILL NOT BE ACCEPTED.
- ALL DOGS MUST BE ON LEASH AND ABLE TO BE CONTROLLED BY THE OWNER. NO AGGRESSIVE DOGS!
- All dogs will be judged on cleanliness, confirmation, grooming, ability to be led on a leash, and response to basic commands.
- Dogs will be classed according to age and size with exhibitors allowed to show no more than one dog per class (see rule 6).
- The classes will be Large Breed (over 60 lbs.), Medium Breed (31 to 59 lbs.), and Small Breed (under 30 lbs.) Adult Dogs (one year of age or older) and Large Breed, Medium

Breed, and Small Breed Puppies (less than one year of age). The dog's breed will take precedent over the dog's weight. Puppies will be classed on their future adult size.

- HANDLERS MUST PROVIDE WATER FOR THEIR DOGS.
- HANDLERS MUST CLEAN UP AFTER THEIR DOGS. PLEASE BRING NECESSARY SANITARY ITEMS.

Pet Show

- Will immediately follow the Dog Show. Contestants should arrive and register with their pets by 9:00.
- The Pet Show will be open to all household pets except rabbits and dogs, since they each have their own show. However, rabbits and dogs will be allowed to enter the best dressed pet class.
- **FARM ANIMALS AND CAPTIVE WILD ANIMALS ARE NOT ALLOWED AT FALL FEST.**
- Classes will be divided as follows:
- Cats - divided into Long Haired and Short Haired Adult Cats (one year and over) and Long Haired and Short Haired Kittens (less than one year). ALL CATS MUST HAVE A CURRENT RABIES VACCINATION CERTIFICATE. NO CAT WILL BE ALLOWED ON THE CONTEST GROUNDS WITHOUT A VACCINATION CERTIFICATE. A TAG WITHOUT A CERTIFICATE WILL NOT BE ALLOWED! ***ALL CATS MUST BE ON A LEASH!
- Birds - will include all feathered animals
- Marine - will include fish, shellfish, reptiles, and amphibians
- Miscellaneous - any pet not fitting into one of the previous categories
- Best Dressed Pet - all species of pets can compete with the dressing to be done in the show ring by the exhibitor with a 10-minute time limit. This category will be divided into three age groups, Elem. Division (4-6), Junior Division (7-8), and Senior Division (9-12)
- Cats will be judged on grooming, cleanliness, and confirmation. The criteria for judging the Best Dressed Pet will be based on final appearance and creativity. The criteria for judging all other classes will be based on the variety of exhibitors within each class.
- HANDLERS MUST PROVIDE WATER FOR THEIR PETS.
- HANDLERS MUST CLEAN UP AFTER THEIR PETS. PLEASE BRING NECESSARY SANITARY ITEMS.

Pumpkin Decorating Contest

(a) **Character Pumpkin**

Based on the lesson theme of the year, The 6 Pillars of Character include trustworthiness, responsibility, caring, respect, fairness, and citizenship.

(b) **Animal Pumpkin**

Lions, tigers, bears -oh my! Make your decorated pumpkin look like an animal.

(c) **Louisiana Commodity Pumpkin**

Louisiana grows and produces lots of food. Make your pumpkin look like a locally grown Louisiana commodity. Need ideas? Visit www.lsuagcenter.com for information.

(d) **4-H Spirit Pumpkin**

Show us your love for 4-H by decorating your pumpkin with your favorite 4-H things.

Pumpkin Entries are judged according to the following criteria:

Originality Use of materials Quality of the work Creativity Judging Categories

- The pumpkin contest registration will be held from 8:30 a.m. until the contest begins at 9:00 a.m.
- The main part of each entry must be a pumpkin or a member of the pumpkin family. ALL ENTRIES MUST BE ACTUAL PUMPKINS OR MEMBERS OF THE PUMPKIN FAMILY. NO CRAFT PUMPKINS WILL BE PERMITTED.
- Each entry must be clearly labeled and include the following information: student's name, grade level, and 4-H club. An entry card will be provided to complete the information required.
- Skill level should reflect the youth's grade and age.
- Pumpkins may not be carved or hollowed out.
- Pumpkins entered and objects & materials used to decorate pumpkins may not be claimed until after the contest.
- 4-H members may enter one (1) pumpkin in each category.
- Objects, paper, and materials of any kind may be pinned or glued to pumpkins except for glitter. Participants may also draw or paint on their entries, cut designs into their surfaces, or dress them up. Again, do not carve or hollow out your pumpkin.
- No electrical device may be used as part of any entry.
- Pumpkins must be picked up by the conclusion Fall Fest. Pumpkins not picked up will be discarded (thrown away).

Some Helpful Tips:

- Keep your pumpkin in good shape.
- Choose a firm pumpkin, with no blemishes, and make sure the stem is firmly attached.
- First wash your pumpkin under running water.
- Store your pumpkin in a cool, dry, and well-ventilated place.

Some Decorating Tips:

- Use acrylic paint if you wish to paint your pumpkin.
- Use a glue gun or straight pins to attach decorations to your pumpkin.
- Make sure that you give your pumpkin time to dry.
- Think about transporting your pumpkin: how you can prevent it from rolling or falling over

Bicycle Rodeo

The 4-H Bicycle Rodeo allows members to demonstrate their knowledge of bicycle maintenance, safety, and operation through an obstacle course.

- Registration begins at 8:00 a.m. with the contest starting at 8:30 a.m. Contestants will ride in the order that they register.
- Each contestant brings and rides his/her own bicycle. If this is not possible, an attempt will be made to borrow a bicycle for you. The bicycle must be in proper mechanical condition.
- Contestants are required to wear helmets while riding. Contestants are encouraged to wear elbow/kneepads, although this is not mandatory.
- Contestants will ride their bicycle through a series of events in the skills course. The course will consist of 6 obstacles.
- Scoring of each event is based on penalty (demerits) for mistakes or errors. Failure to complete an event will result in additional penalty points.
- Only 4-H members are allowed to ride bicycles and only in designated areas.
- Unsafe conduct will not be tolerated on the course or around the event. Any unsafe conduct will result in immediate disqualification.

Louisiana bicycling laws can be found online at ***www.dotd.louisiana.gov***
Bicyclists and Pedestrians

Below are a few of the laws related to bicycling.

- Traffic hand signals to be used by cyclists on Louisiana roads can be found to the right. ***These hand signals should be used during the competition at the Bike Rodeo on November 2nd.***
- Regarding any bicycle used on a public roadway, public bicycle path, or other public right-of-way, no parent, guardian, or person with legal responsibility for the safety and welfare of a child shall knowingly allow any of the following:
  - Such children under the age of twelve to operate or ride as a passenger on a bicycle without wearing an approved helmet of good fit fastened securely upon the head with the straps of the helmet.
  - Such child who weighs less than forty pounds or is less than forty inches in height to be a passenger on a bicycle without being properly seated in and adequately secured to a restraining seat.

Make sure to log on to the website listed above for more information on laws governing bicycling in Louisiana.

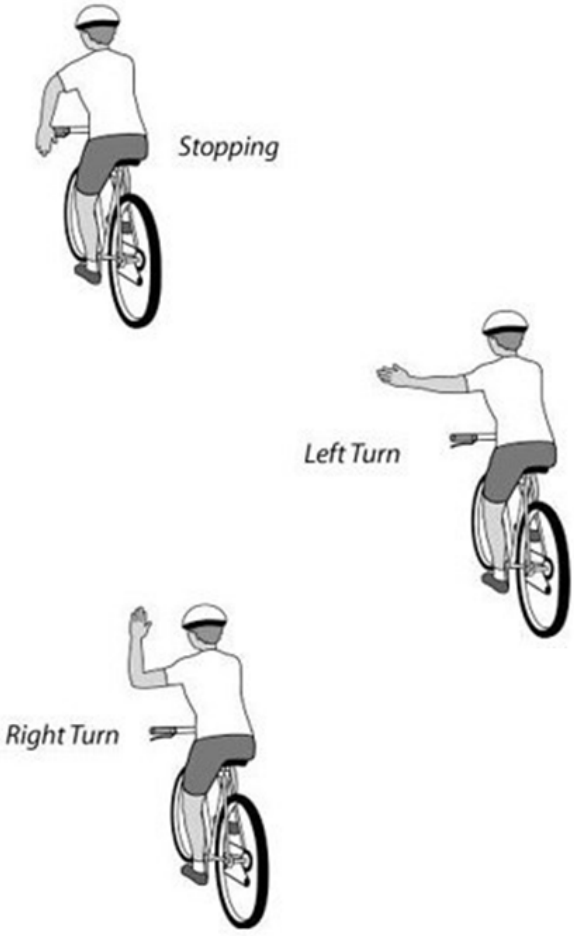
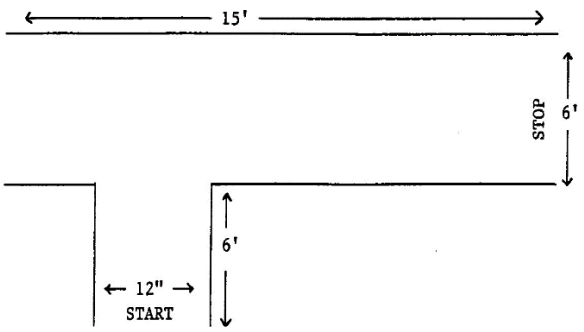


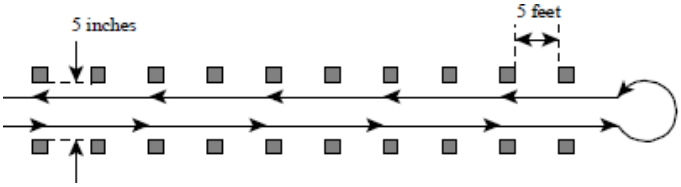
Figure 1: Bicycle Hand Signals

Events are as follows:

Intersection - Each contestant will enter the 12-inch lane, make a right turn, and stop.
Scoring: One demerit each time a wheel touches any boundary lines. Five demerits for failing to give proper hand signals when turning and stopping. One demerit for each inch away from stop line.



Double Obstacle- From a riding start, the rider maneuvers slowly, between the pairs of obstacles. When the rider has gone the entire distance, he or she turns and repeats the ride in the opposite direction.
Scoring: Two demerits each time the foot touches ground. Two demerits each time tire touches obstacle. Ten demerits for not passing between every pair.



Straight-Line- From a riding start, the rider travels the entire length of the line with both tires touching the line at all times.
Scoring: One demerit each time a tire leaves the line. Two demerits if foot touches ground. Five demerits for stopping.

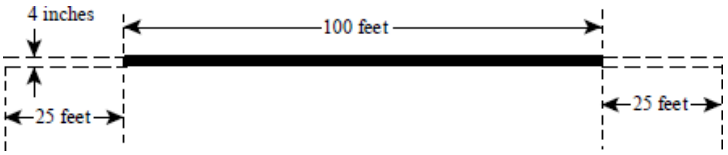
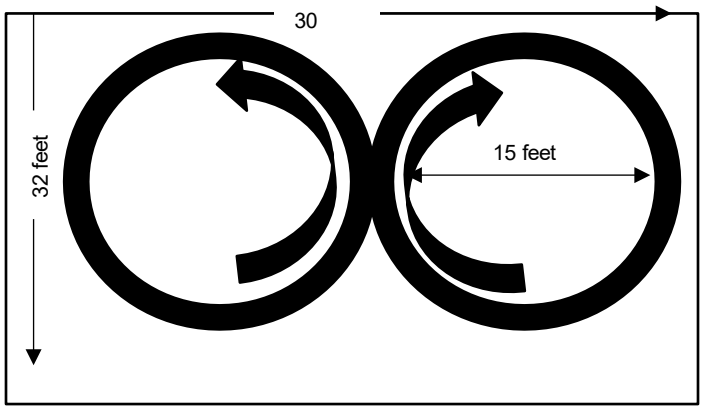
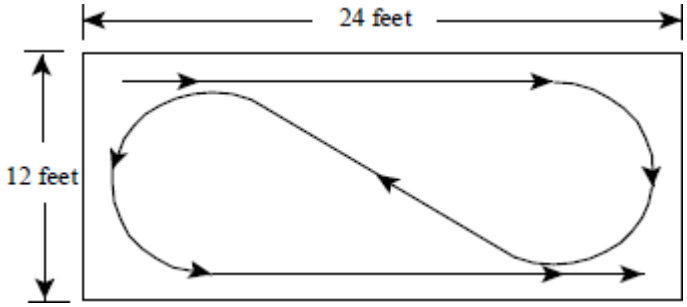


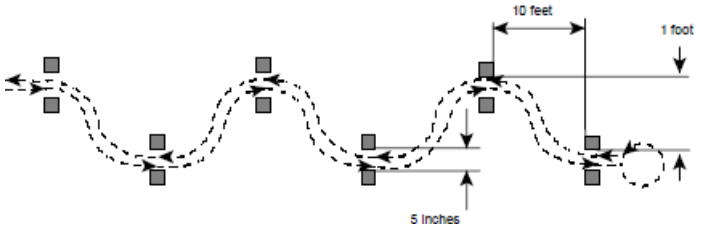
Figure Eight Steering- The rider takes a moving start and makes 3 complete figure eights within the lane.
Scoring: Two demerits each time foot touches ground. Three demerits each time tire touches any border line. Ten demerits for breaking patterns.



Turning Around- The rider follows the pattern in the diagram giving proper turn signals for each turn.
Scoring: Two demerits each time food touches ground. Five demerits for failing to give signal or giving improper signals. Three demerits for touching border line with tires. Ten demerits for breaking pattern.



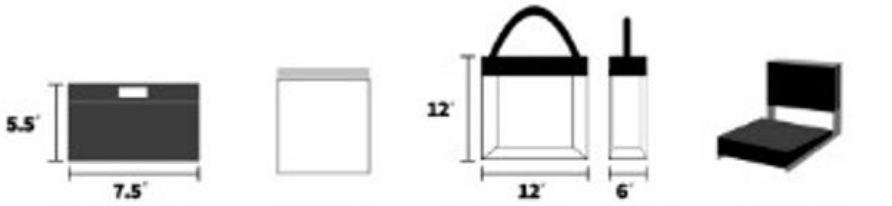
Double Zig-Zag Obstacle- From a riding start, the cyclist zig-zags between the pairs of obstacles. When the rider has traveled the entire distance, he or she turns and repeats the ride in the opposite direction.
Scoring: Two demerits for touching foot to ground. Two demerits each time a tire touches an obstacle. Ten demerits for not passing between every pair.



Visitors on Campus

Extracurricular and Special Events on Campus

APPROVED ITEMS



CLUTCH OR SMALL BAG NOT TO EXCEED 5.5" X 7.5" WITH OR WITHOUT STRAP

1 GALLON CLEAR STORAGE BAG

CLEAR TOTE: PLASTIC, VINYL OR PVC NOT TO EXCEED 12" X 6" X 12"

STADIUM CHAIRS WITH OR WITHOUT POCKETS

DIAPER BAGS FOR AGE-APPROPRIATE CHILDREN ACCOMPANIED BY AN ADULT ARE ALLOWED.

PROHIBITED ITEMS



PURSES | FANNY PACKS | CAMERA BAGS | DUFFEL/GYM BAGS



BACKPACKS/BRIEFCASES | DRAWSTRING BAGS | MESH BAGS | NON CLEAR PRINTED OR PATTERNED TOTES

MEMBERS OF THE MEDIA WITH PROPER PRESS CREDENTIALS MAY BRING EQUIPMENT BAGS. BAGS ARE SUBJECT TO INSPECTION.

LAFAYETTE PARISH SCHOOL SYSTEM

